

August 2024



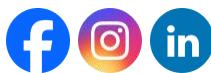
Hello IKE Supporter,

As August ushers in back-to-school preparations, it's crucial to ensure a healthy environment for all students, especially those managing conditions like asthma. Our latest newsletter offers essential resources to help your child navigate asthma at school, from creating an Asthma Action Plan to evaluating your school's asthma-friendliness.

This edition also highlights efforts against lead exposure, featuring a partnership aimed at creating a lead-free community and an educational reading list from the Indianapolis Public Library on the impact of lead.

Lastly, we value your input to improve our newsletter. If you haven't yet, please take a moment to complete our brief survey. From all of us at IKE Coalition, we're wishing you a smooth and healthy back-to-school season.

Follow along on social media!



Lead

New Coalition Seeks to Organize for the Goal of a Lead-Free Indianapolis

Despite being largely unseen, lead exposure remains a critical health issue in Marion County, particularly affecting our most vulnerable populations. The Marion County Public Health Department (MCPHD), in collaboration with Indiana University Indianapolis (IU), is

spearheading efforts to address this persistent threat through the Lead-Free Indy initiative. They have organized a pivotal event, "[Our Legacy Starts Now: A Summit to Empower a Lead-Free Indy](#)," scheduled for September 19, 2024.

This summit will bring together community leaders and health experts to develop actionable strategies for reducing lead exposure and safeguarding public health. A highlight of the summit will be the introduction of the LeadADVISOR tool, designed to empower our community with essential information on mitigating environmental lead risks.



For more details on the summit and how you can contribute to these vital discussions, [read the full blog post here](#).

Asthma & Air Quality

Back-to-School with Asthma: Essential Resources for Parents

As the new school year approaches, ensuring your child with asthma stays healthy and safe in the classroom is a top priority. We've compiled a selection of essential resources to help you prepare for a smooth transition back to school. From tips on managing asthma triggers in the school environment to action plans for asthma attacks, our guide provides you with the tools you need to communicate effectively with school staff and safeguard your child's health.

Access these resources to feel confident and informed as your child heads back to class.

- [Create an Asthma Action Plan](#)
- [How Asthma Friendly Is Your School?](#)
- [School or Child Care Asthma/Allergy Action Plan](#)
- [Resources for Early Childhood Education and Child Care](#)
- [Take the Asthma Control Test](#)





The Book Corner

Let's Learn about Lead!

Looking for something interesting to read? The Indianapolis Public Library compiled this awesome reading list of books about lead, answering questions like:

- What is lead,
- What does it do to us, and
- How do you live with it?

Take *Lead Wars*, for example, which details how the nature of the epidemic has changed and highlights the dilemmas public health agencies face today in terms of prevention strategies and chronic illness linked to low levels of toxic exposure.

[Check out the list here.](#)



Last Chance to Introduce Yourself!

At IKE Coalition, we've been working to improve our monthly newsletters and we could use your help. Thank you to those who have already participated!

If you haven't had a chance to provide input yet, we invite you take a quick, [three-question survey](#) to help us understand our newsletter readers and what sort of environmental health news is most helpful to you.

We want to hear from you!

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Inspiring Kids' Environments

Want to hear more about other environmental issues going on in Indiana and how you can get involved? Sign up to the weekly newsletter from our partners at [Hoosier Environmental Council](#).

Your thoughtful contributions support the work of the IKE Coalition and our partner organization, Hoosier Environmental Council. Please consider becoming a member with a gift of any amount today!

Donate Now



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