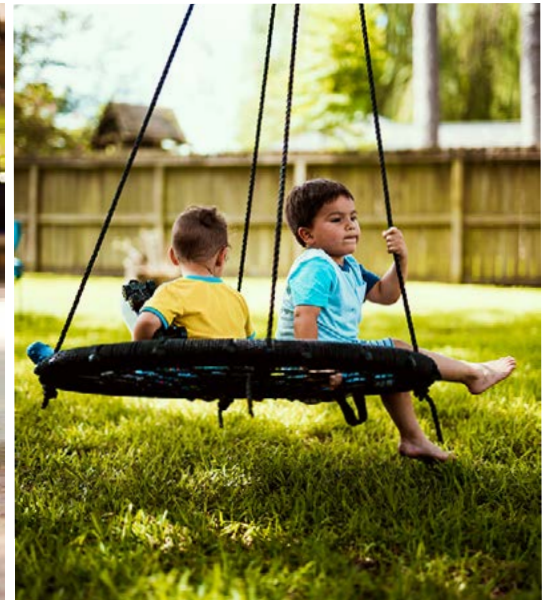




Healthy Spaces Happy Children Self-Assessment Checklist



Welcome to Healthy Spaces Happy Children! This checklist is designed to be a useful tool for childcare providers to complete a self-assessment on the spaces in their center. The goal of Healthy Spaces Happy Children is to ensure children are spending their time in the healthiest spaces possible. Please note that Healthy Spaces Happy Children is not affiliated nor in partnership with the Indiana Family and Social Service Administration program, Paths to Quality. However, we highly encourage you to consider participating in that program.

There are three levels of Healthy Spaces certification that can be achieved: Platinum, Gold, and Silver. Each level requires a minimum number of activities to be completed in each of the three categories:

- Environmental Asthma Triggers
- Lead
- Chemical Management

The activities in each category are identified as training, policy, or implementation activities. A short description, including the minimum number of activities required for each certification level, is outlined in the following pages.

Have questions? Help is available every step of the way! Email asthma@hecweb.org so we may assist you in achieving your Healthy Spaces Happy Children Goals.

Silver Level

To achieve silver level Healthy Spaces certification, choose 12 of the following 19 tasks, with at least one task in each category.¹

Environmental Asthma Triggers Category:

Trainings:

View “[Asthma Module 1 and Asthma Module 2](#)” hosted on the Indiana Department of Environmental Management website.²

View the “[What to Do If a Student Has Asthma Attack](#)” video hosted by the Asthma and Allergy Network.

Review this guide “[A Brief Guide to Mold in Schools and Commercial Buildings Guide](#)” by the Environmental Protection Agency.

Implementation:

Join the [Smog Watch listserv](#) from Indiana Department of Environmental Management (IDEM).

Do not use incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Use the wet dusting method when cleaning.

Policy:

Create a policy that discourages the use of incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Develop a smoke-free campus policy. For more information visit [Just Breathe Indiana](#).

Lead Category:

Training:

Have childcare personnel take part in “[Let’s Get the Lead Out](#)” training module by the Indiana Department of Environmental Management.³

Implementation:

[Post signage](#) from the Indiana Department of Environmental Management (IDEM) reminding employees to run water for 30 seconds first thing in the morning before taking water for cooking or drinking.

Test drinking water for lead with free testing from the [Indiana Finance Authority \(IFA\)](#).

Policy:

Provide families with information about the [benefits of a lead screening test](#) for their children.

Chemical Management Category:

Training:

View the “[Introduction to Integrated Pest Management \(IPM\)](#)” by the Environmental Protection Agency (EPA).

Review and follow the [Indiana Pest Control Policy for Childcare Facilities](#).

In conjunction with the Indiana Family and Social Services Administration (FSSA) childcare licensing rules, review this [guide](#) by the Office of Early Childhood & Out-of-School Learning on cleaning and sanitation recommendations for bleach.

Implementation:

Use a [pesticide warning sign](#) by Improving Kids Environment (IKE) for recently treated areas.

Review [additional resources](#) on securing pesticides, cleaning supplies, and other hazardous materials where children cannot access them from the Indiana Department of Environmental Management.

Notify parents in advance about pesticide treatment days.

Policy:

Develop an [Integrated Pest Management \(IPM\) Policy](#) like this model policy from the Indiana Department of Environmental Management.

¹ Each level criteria builds upon the tasks from the previous criteria.

² You will need to have an I-LEAD account to access these videos. Please note that Healthy Spaces Happy Children is not affiliated nor in partnership with the Indiana Family and Social Service Administration program, Paths to Quality. However, we highly encourage you to consider participating in that program.

³ You need to have an I-LEAD account in order to access this video.

Gold Level

To achieve gold level Healthy Spaces certification, choose 21 of the following 33 tasks, with at least one task in each category.

Environmental Asthma Triggers Category:

Trainings:

View “[Asthma Module 1 and Asthma Module 2](#)” hosted on the Indiana Department of Environmental Management website.

View the “[What to Do If a Student Has Asthma Attack](#)” video hosted by the Asthma and Allergy Network.

Review this guide “[A Brief Guide to Mold in Schools and Commercial Buildings Guide](#)” by the Environmental Protection Agency.

View the “[Asthma Basics](#)” module provided by the American Lung Association.

Implementation:

Join the [Smog Watch listserv](#) from Indiana Department of Environmental Management (IDEM).

Do not use incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Use the wet dusting method when cleaning.

If applicable use allergen-proof covers for pillows, mattresses for nap time.

Use an [air quality tracker](#) and share the results publicly. Be sure to use the tracker to make informed decisions on outdoor activities.

Use a High Efficiency Particulate Air (HEPA) or low emission vacuum.

Use the wet dusting method when cleaning.

Policy:

Develop a smoke-free campus policy; for more information visit [Just Breathe Indiana](#).

Create a policy that discourages the use of incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Develop a smoke-free campus policy. For more information visit [Just Breathe Indiana](#).

Develop and share a [no-idling policy](#) letter with parents.

Develop a written [asthma management plan and training plan](#).

Develop and enforce a [written pet policy](#).

Lead Category:

Training:

Have childcare personnel take part in “[Let’s Get the Lead Out](#)” training module by the Indiana Department of Environmental Management.

Have childcare personnel watch the video “[Lead Paint: Indiana’s Poisoned Children](#)”.

Implementation:

[Post signage](#) from the Indiana Department of Environmental Management (IDEM) reminding employees to run water for 30 seconds first thing in the morning before taking water for cooking or drinking.

Test drinking water for lead with free testing from the [Indiana Finance Authority \(IFA\)](#).

Talk with classroom personnel about how to reduce lead exposure for children while in their care.

Policy:

Provide families with information about the [benefits of a lead screening test](#) for their children.

Create a [lead exposure prevention policy](#).

Chemical Management Category:

Training:

View the “[Introduction to Integrated Pest Management \(IPM\)](#)” by the Environmental Protection Agency (EPA).

Review and follow the [Indiana Pest Control Policy for Childcare Facilities](#).

In conjunction with the Indiana Family and Social Services Administration (FSSA) childcare licensing rules. Review this [guide](#) by the Office of Early Childhood & Out-of-School Learning on cleaning and sanitation recommendations for bleach.

Implementation:

Use a [pesticide warning sign](#) for recently treated areas by Improving Kids Environment (IKE).

Do not let children play in recently treated areas.

Create an IPM guide and review it often.

Reduce the use of harsh chemical cleaners like Bleach and Lysol.

Secure pesticides, cleaning supplies, and other hazardous materials where children cannot access them.

Policy:

Develop an [Integrated Pest Management \(IPM\) Plan](#).

Review the [Green Cleaning, Sanitizing, and Disinfecting Curriculum](#) by the Western States Pediatric Environmental Health Specialty Unit.

Notify parents in advance about pesticide treatment days.

Platinum Level

To achieve Platinum level Healthy Spaces certification, choose 28 of the following 42 tasks, with at least one task in each category.

Environmental Asthma Triggers Category:

Trainings:

View “[Asthma Module 1 and Asthma Module 2](#)” hosted on the Indiana Department of Environmental Management website.

View the “[What to Do If a Student Has Asthma Attack](#)” video hosted by the Asthma and Allergy Network.

Review this guide “[A Brief Guide to Mold in Schools and Commercial Buildings Guide](#)” by the Environmental Protection Agency.

View the “[Asthma Basics](#)” module provided by the American Lung Association.

Review this guide “[Asthma vs. Panic: How to tell the Difference](#)” by the American Lung Association.

Implementation:

Join the [Smog Watch listserv](#) from Indiana Department of Environmental Management (IDEM).

Do not use incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Use the wet dusting method when cleaning.

If applicable use allergen-proof covers for pillows, mattresses for nap time.

Use an [air quality tracker](#) and share the results publicly. Be sure to use the tracker to make informed decisions on outdoor activities.

Use a High Efficiency Particulate Air (HEPA) or low emission vacuum.

Policy:

Create a policy that discourages the use of incense, scented candles, air fresheners, or other heavily scented products (perfume/cologne/body spray, cleaning products).

Develop a smoke-free campus policy. For more information visit [Just Breathe Indiana](#).

Develop and enforce a [written pet policy](#).

Develop and share a [no-idling policy](#) letter with parents.

Develop a written [asthma management plan and training plan](#).

Lead Category:

Training:

Have childcare personnel take part in “[Let’s Get the Lead Out](#)” training module by the Indiana Department of Environmental Management.

Have childcare personnel watch the video “[Lead Paint: Indiana’s Poisoned Children](#)”.

Review the Center for Disease Control’s (CDC) “[Lead in the Environment](#)”.

Implementation:

[Post signage](#) from the Indiana Department of Environmental Management (IDEM) reminding employees to run water for 30 seconds first thing in the morning before taking water for cooking or drinking.

Test drinking water for lead with free testing from the [Indiana Finance Authority \(IFA\)](#).

Talk with all staff about how to reduce lead exposure for children.

Submit a free [lead screening kit](#) to Indiana University Indianapolis (IUI) for evaluation.

Policy:

Create and provide families with a [lead exposure prevention policy](#).

Provide families with information about the [benefits of a lead screening test](#) for their children.

Chemical Management Category:

Training:

View the “[Introduction to Integrated Pest Management \(IPM\)](#)” by the Environmental Protection Agency (EPA).

Review and follow the [Indiana Pest Control Policy for Childcare Facilities](#).

In conjunction with the Indiana Family and Social Services Administration (FSSA) childcare licensing rules. Review this [guide](#) by the Office of Early Childhood & Out-of-School Learning on cleaning and sanitation recommendations for bleach.

Implementation:

Use a [pesticide warning sign](#) for recently treated areas by Improving Kids Environment (IKE).

Do not let children play in recently treated areas.

Check, remove and replace art supplies that contain [hazardous materials](#)

Review Integrated Pest Management resources with staff quarterly.

Notify parents in advance about pesticide treatment days.

Do not use chemical cleaners like Bleach, Lysol and products that contain ammonium.

Secure pesticides, cleaning supplies, and other hazardous materials where children cannot access them.

Policy:

Develop an [Integrated Pest Management \(IPM\) Plan](#).

Review the [Green Cleaning, Sanitizing, and Disinfecting Curriculum](#) by the Western States Pediatric Environmental Health Specialty Unit.

Utilize the [Green Cleaning, Sanitizing, and Disinfecting Checklist](#) by the Western States Pediatric Environmental Health Specialty Unit.

Notify parents in advance about pesticide treatment days.

Only use cleaning products that are: [GreenSeal](#) Certified or contain a [Safer Choice Label](#).