



UUI Green Sanctuary Earth Points Pledge You Can Make a Difference Now!

UUI's goal is to have as many households as possible earn at least 365 Earth Points between Earth Day 2007 and Earth Day 2008

Take the pledge:

I commit that during the next 365 days, I will take action to reduce my impact on the earth's natural resources, increase my own and others' awareness of our impact on the natural world, and otherwise actively practice environmental stewardship at home and at work. I recognize that even small actions can make a difference.

Why are we doing this? Our Seventh Principle is the "respect for the interdependent web of all existence of which we are a part." We are not alone and we rely on many resources on the planet. We must do all we can to protect and preserve those resources.

Why individual action? All major social movements, from the anti-slavery crusade to women's suffrage to desegregation, started at the grass roots. Although government and corporate action is a necessity, individuals must take action themselves to show institutions the way.

Why now? Experts have been warning us for over 10 years to take immediate action to reduce consumption of fossil fuels. Although there has been some activity, we have mainly ignored this dire warning. We are running out of time before resources are exhausted and irreversible damage occurs.

What can I do? Take the Earth Points Pledge! Been meaning to try a compact fluorescent bulb in your home? Use one and get a point for it! Keep forgetting to raise your thermostat in the summer? Do it next time the air conditioning comes on and earn a point! Been wanting to start a compost pile? Start now and earn 10 points! There are MANY ways to earn Earth Points and TODAY is the day to start. You simply choose your actions and keep track of your points. You will find many ideas for earning points in this packet. Add your own ideas and point values. Watch for new tips and Earth Points updates in the Eye, the Sunday Times and on www.uui.org/prog/green.

When you reach 365 points, notify a member of the Green Sanctuary Task Force so we can track individual household completion. In addition, we KNOW the congregation can earn 50,000 points by Earth Day 2008. For every 10 points you earn, color in a square on the Earth Points Board posted in the Social Hall. This way, we all can see how our community is progressing towards our community goal.

Questions? Problems? Other ideas? Need help? Email to uui-green@uui.org or contact a member of the Green Sanctuary Task Force:

- Ray Wilson, Chair rwilson@iquest.net or 872-6770
- Aimee Hill, rowanesq@gmail.com or 852-4992
- Don Somers, donbanjo@sbcglobal.net or 546-3061
- Jeanette Rowe, jrowe@iupui.edu or 748-4037
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- Gary Houdek, houdek123@sbcglobal.net or 255-7119
- Mervyn Cohen, mecohen@iupui.edu or 873-6586
- Janet McCabe, jmccabe222@aol.com or 577-2936

Category/Action	Already Doing	Will Start Now	By End of Year	Possible Points	Points Earned
Waste Reduction					
Bring your own bags to the grocery or other stores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per trip	
Use cloth napkins instead of paper; dish towels instead of paper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1/week	
Reuse scrap paper, start double-siding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Have your name taken off third class mailing lists	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Start composting kitchen waste	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Stop using paper plates, cups and disposable utensils	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Bring your own coffee mug to your favorite coffee shop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Recycling					
Start curbside recycling of glass, cans, paper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Start recycling new waste items (batteries, newspaper, glass, cans, plastic, plastic bags, cardboard, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per type	
Take household hazardous waste to city collection site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per trip	
Start a recycling program at your workplace or school (for cans, bottles and/or paper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Buy products made from recycled materials; paper labeled "post-consumer waste"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per purchase	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Energy Efficiency					
Sign up for Green Energy with your power company	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20	
Inspect and update insulation in your house	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Wrap your water heater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Install a setback or programmable thermostat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Lower your hot water heater temperature to 120° F if it is higher	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Turn hot water heater and air conditioner off (or to pilot) when you go on a trip	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5 per trip	
Replace an old, inefficient hot water heater with a new Energy Star one	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Change your thermostat setting (2° cooler in winter/2° warmer in summer)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Implement a plan to install compact fluorescent light bulbs in all rooms, starting with the highest use lights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per bulb	
Hang your clothes out to dry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per load	
Install solar panels	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Replace old, inefficient appliances with Energy Star models	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10 per	
Let hot leftovers cool before putting them away	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Set refrigerator at 38° F and freezer at 5°F	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Have your furnace serviced; ask for suggestions to improve efficiency and implement them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	

Install (or replace old) storm windows	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Wash and dry only full loads	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per load	
Wash with cold water unless hot is absolutely necessary; always rinse with cold water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per load	
Buy locally grown produce in season and/or local dairy products	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per purchase	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Transportation					
Buy a hybrid electric car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20	
Buy a car that gets at least 5 mpg more than the car you are replacing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Carpool, telecommute or ride the bus one day a week	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per trip	
Replace one regular trip you make per week by car with walking, biking, skating, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per trip	
Check your tire pressure and make sure the pressure is as recommended	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per check	
Do not use drive-through service if there are more than two cars ahead of you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per trip	
Do not idle your vehicle more than 30 seconds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per use	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Educate yourself and others					
See <u>An Inconvenient Truth</u> or other environmental film	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per film	
Read <u>The Great Turning</u> or other book	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per book	
Help one other person to begin recycling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Write a letter on an environmental issue to a federal, state or local official	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per letter	
Help another person complete items on this list	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 per task	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Taking care of the outdoors					
Begin a compost pile	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Plant a garden	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Plant a tree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10 per tree	
Eliminate chemical fertilizers/weedkillers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

